

Appendix - Wearing Personal Protective Equipment (PPE)

					
Gloves – 2 pairs	N95 respirator mask	Shoe covers	Protective apron with arm sleeves	Face shield	Safety goggles

How to put on PPE

Find a clean and safe area for putting PPE on, at least 5 meters away from the sick or dead animal. PPE should be put on carefully in a specific order:

- Wear **shoe covers**. Make sure they don't tear during the sampling procedure. If you don't have shoe covers, use washable rubber boots.
- Wear the protective **apron with arm sleeves**.
- Wear the **respirator mask**. Make sure that the mask fits your face well and that there are no gaps around the edges through which air and pathogens could enter. Wear the respirator until you are done working, it should never be hanging around your neck or pushed up on your head!
- Wear the **safety goggles OR face shield**.
- Put on the **two layers of gloves**. Make sure there is no reap in the gloves. If a glove reaps, replace it. Always wear two layers of gloves.



How to remove PPE

When taking off PPE, it is very important to remember that everything you are wearing could be contaminated on the outside with pathogens. Always think about what you are touching. Designate an area for PPE removal that is away from the animals. Everybody should go to this same area to remove their PPE, at least 5 meters away from the carcass. As soon as you take off a contaminated item, it should be put in the large plastic bag.

- Remove and dispose of the **apron** with **arm sleeves**. Place in disposal bag.
- Remove the **shoe covers**. Place in disposal bag. If you used rubber boots, wash them thoroughly using a bleach solution.
- Remove the **outer gloves**. Place in disposal bag.
- Remove the **goggles**. Reusable goggles can be disinfected using a bleach solution.
- Remove the **mask** without touching any part of your head.
- Remove the **inner gloves**.
- Close the biohazard bag.
- Wash your hands with disinfectant wipe and Purell.

